



Conditions of Hire of the Football Pitches, Rugby Pitches and Tennis Courts

Facility:	Date:
Name:	Date of birth:
Address:	Email address: Contact number:
Name of team:	Association, league, division:
Price of activity:	Receipt number:
Single booking:	Regular booking:
Date from:	Date to:
Time from:	Time to:

Conditions of hire

- 1) All bookings must be paid for at the beginning of the session or at the beginning of the block booking.
- 2) The Discovery Academy reserves the right at any time to refuse or cancel hire of the premises and shall not be liable for any payment to the hirer.
- 3) The Discovery Academy will not be liable for the loss of money or the loss or damage to any articles brought onto the premises.
- 4) The premises must be vacated by the expiration of the time of hire.
- 5) The pitches can only be accessed 15 minutes before the allocated time not before otherwise extra charges will incur.
- 6) Any cancellation requires 24 hours' notice otherwise payment may still be charged.
- 7) The Discovery Academy reserves the right to alter the fees and charges without notice.
- 8) Teams shall behave at all times in a proper and orderly manner without disturbance to, or interference with, other users in the area.



Conditions of Hire of the Sports Hall

Facility:	Date:
Name:	Date of birth:
Address:	Email address: Contact number:
Name of team:	Association, league, division:
Price of activity:	Receipt number:
Single booking:	Regular booking:
Date from:	Date to:
Time from:	Time to:

Conditions of hire

- 1) All bookings must be paid for at the beginning of the session or at the beginning of the block booking.
- 2) The Discovery Academy reserves the right at any time to refuse or cancel hire of the premises and shall not be liable for any payment to the hirer.
- 3) The Discovery Academy will not be liable for the loss of money or the loss or damage to any articles brought onto the premises.
- 4) The premises must be vacated by the expiration of the time of hire.
- 5) The pitches can only be accessed 15 minutes before the allocated time not before otherwise extra charges will incur.
- 6) Any cancellation requires 24 hours' notice otherwise payment may still be charged.
- 7) The Discovery Academy reserves the right to alter the fees and charges without notice.
- 8) Teams shall behave at all times in a proper and orderly manner without disturbance to, or interference with, other users in the area.



All users of The Academy's Sports Hall are expected to observe the following rules:

- Clean footwear only
- No football boots to be worn inside
- No smoking
- No chewing gum
- No foul language
- All litter including bottles should be taken away from site
- Players must not participate under the influence of alcohol or drugs
- Leave area when allocated time is finished
- Report any damage
- Respect the facility and use only for the agreed purpose
- Respect other users of academy site and local residents
- Observe the vehicle speed limit of 5 miles per hour on academy grounds
- A team representative must come to reception to sign in before using the facility
- Unless by special arrangement all hirers pay before play
- Respecting staff that are working on the facility

If you fail to turn up for a booking without previously contacting the sports centre you will still be charged

I.....

on behalf of.....

agree to abide by the above code of conduct. I understand that failure to follow the above code of conduct will result in permission for use being withdrawn and forfeiture of any monies paid.

Signed.....

Date.....



All users of The Academy's 3G Football Pitch are expected to observe the following rules:

- Clean footwear only
- No metal studs
- No smoking
- No chewing gum
- No foul language
- All litter including bottles should be taken away from site
- Players must not participate under the influence of alcohol or drugs
- No climbing fencing or posts
- Leave site when allocated time is finished
- Report any damage
- Respect the facility and use only for the agreed purpose
- Respect other users of the academy site and local residents
- Observe the vehicle speed limit of 5 miles per hour on academy grounds
- A team representative must come to reception to sign in before using the pitch
- Unless by special arrangement all hirers will pay before play

If you fail to turn up for a booking without previously contacting the sports centre you will still be charged full price.

I.....

on behalf of.....

agree to abide by the above code of conduct. I understand that failure to follow the above code of conduct will result in permission for use being withdrawn and forfeiture of any monies paid.

Signed.....

Date.....



The Discovery Sports Centre rules and regulations

- Ensure you have your membership card with you at all times and you sign in and out on the fire health and safety sheet.
- Ensure that all your personal items are locked away in the lockers provided, we will accept no responsibility for losses and damages.
- Dress appropriately, i.e. no jeans, outdoor shoes, limited jewellery.
- Refrain from chewing gum and using mobile phones whilst in the gym.
- Guests should report any health and safety issues to a staff member.
- Guests must adhere to the instructions of centre staff.
- Ensure you put away any free weights after use and wipe equipment after use.
- Time restriction may apply pending on school activities and busy periods and last admission is 45 minutes before the centre closes.
- In some circumstances there may be events where by our normal operating hours may vary, we will inform you at the earliest opportunity but we reserve the right to change these without prior notice.
- Swearing and abusive behaviour towards guest or staff will not be tolerated and will result in immediate expulsion from the centre.
- The Discovery sports centre staff maintains the right to refuse entry of the fitness suite to any member or guest without prior warning.



Induction Checklist

Name	Equipment shown	Induction given	Safety areas shown
Treadmill			
Upright bike			
Recumbent bike			
AMT machine			
X-Trainer			
Rowing machine			
Inner/Outer thigh			
Leg curl			
Leg extension			
Multi – press			
Lat – pulldown			
Rear delt/pec fly			
Back extension			
FTS machine			
Smiths machine			

Comments.....

Client signature.....

Instructors signature.....

Time..... Date.....

Please note The Discovery Academy reserves the right to close the sports facilities due to Academy events. Please bring your membership card with you every session and sign in and out of the gym. Ensure all valuables are locked away in a locker and all equipment is wiped down after use. Please wear appropriate gym clothing with clean footwear. No chewing gum or foul language. No smoking allowed on the grounds. Please inform a member of staff of any breakages, faults or problems.



Individual Medical Profile

First Name		
Surname		
Date of birth	Male	Female
Address		
Email Address		
Emergency Contact Name	Contact Number	
Are you:	Guest	Staff
	General Public	Other
Medical Profile		
Question	Tick Box	Comments
1. Has your doctor ever said you have heart disease or any other cardiovascular problem?	Yes No	
2. Do you ever have pains in your chest especially associated with minimal effort?	Yes No	
3. Do you have, or does anyone in your family have high blood pressure?	Yes No	
4. Do you often get headaches, feel faint or dizzy?	Yes No	
5. Do you suffer from pain or limited movement in any joints which has been aggravated by physical activity?	Yes No	
6. Are you taking drugs/medication at the moment or presently recovering from any illness or surgery?	Yes No	
7. Could you be pregnant or have had a baby in the last three months?	Yes No	
8. Do you know of any other reason why you should not participate in physical activity?	Yes No	

You must inform the staff if you have asthma, epilepsy or diabetes for your own safety.

If you answered YES to any of the questions above you may be required to bring in a note from your GP stating that you are fit to exercise.

PLEASE NOTE: If your health or medications change please inform a member of the fitness staff.

DISCLAIMER-USE OF GYM EQUIPMENT

All equipment has been designed and tested to be safe with correct use. Please ensure for your own safety that you receive full instruction before commencing a workout on a piece of equipment upon which you have not been inducted, any member who opts to circumvent this rule does so at their own risk.

Declaration

I have read and understood and completed this questionnaire. Any questions I had were answered to my full satisfaction

Signed (Client)	
Signed (Gym Staff)	
Date	